

ENTRÉE

Calamari Ring (4).....	\$10.90
Dim Sims (Steamed/Fried) (4).....	\$10.90
Home Made Spring Rolls (4).....	\$10.90
Mixed Entrée (4).....	\$11.90
Sesame Prawn Toast (4).....	\$11.90
Prawn Cocktail	\$12.90
Seafood Cocktail	\$12.90
King Prawn Cutlet (4).....	\$14.90
King Prawn & Bacon Roll (4).....	\$14.90
Sang Choy Bow (2).....	\$14.90
King Prawn Hot Pot	\$16.90

SOUP

Short Soup.....	\$10.90
Long Soup.....	\$10.90
Sweet Corn & Crab Meat Soup.....	\$10.90
Sweet Corn & Chicken Soup.....	\$10.90
Combination Short Soup.....	\$20.90
Combination Long Soup.....	\$20.90

SEAFOOD

Sweet & Sour Fish.....	\$22.90
Curry Small Prawn.....	\$24.90
Small Prawn Omelette.....	\$26.90
Small Prawn Chow Mein.....	\$26.90
Spicy Salt & Pepper Squid.....	\$27.90
Curry King Prawn.....	\$28.90
Honey King Prawn.....	\$28.90
Sizzling Garlic King Prawn	\$28.90
Ginger & Shallot King Prawn.....	\$28.90
Spicy Salt & Pepper King Prawn.....	\$28.90
King Prawn Chow Mien	\$30.90
King Prawn Cashew Nuts	\$30.90
Creamy Garlic King Prawn.....	\$30.90
Sizzling Seafood Supreme.....	\$31.90

LAMB

Satay Lamb.....	\$27.90
Lamb with Mushroom	\$27.90
Lamb with Ginger & Shallot.....	\$27.90
Lamb with Oyster Sauce	\$27.90
Lamb with Special Sauce.....	\$27.90
Sizzling Garlic Lamb	\$27.90
Sizzling Black Pepper Lamb.....	\$27.90
Sizzling Mongolian Lamb.....	\$27.90

DUCK

Boneless Duck & Plum Sauce.....	\$29.90
Boneless Duck & Peking Sauce.....	\$29.90
Boneless Duck & Lemon Sauce.....	\$29.90
Steamed Duck & Mushroom Sauce.....	\$29.90
Steamed Duck & Crab Meat Sauce.....	\$29.90
Steamed Duck Combination.....	\$32.90
Roast Duck & Plum Sauce (Bone).....	\$33.90
Roast Duck & Peking Sauce (Bone).....	\$33.90
Roast Duck & Lemon Sauce (Bone).....	\$33.90

COMBINATION

Sweet & Sour Combination	\$25.90
Garlic Combination	\$25.90
Satay Combination	\$25.90
Special Combination	\$25.90
Oyster Combination	\$25.90
Peking Combination	\$25.90
Mongolian Combination	\$25.90
Black Bean Combination	\$25.90
Szechuan Chilli Combination	\$25.90
Ginger & Shallot Combination	\$25.90
Combination Chow Mein	\$27.90
Combination Cashew Nuts	\$27.90

CHICKEN

Honey Chicken	\$22.90
Sweet & Sour Chicken.....	\$22.90
Mongolian Chicken	\$22.90
Curry Chicken Fillet	\$22.90
Chicken & Satay Sauce.....	\$22.90
Chicken Garlic Vegetables.....	\$22.90
Ginger & Shallot Chicken	\$22.90
Chicken with Special Sauce	\$22.90
Chicken with Oyster Sauce.....	\$22.90
Spicy Salt & Pepper Chicken.....	\$22.90
Chicken with Black Bean Sauce	\$22.90
Chicken Fillet with Peking Sauce.....	\$22.90
Chicken with Szechuan Chilli Sauce.....	\$22.90
Boneless Chicken & Lemon Sauce.....	\$22.90
Chicken Chow Mein	\$24.90
Creamy Garlic Chicken	\$24.90
Chicken Cashew Nuts	\$24.90
Rainbow Chicken	\$24.90
Honey Pepper Chicken	\$24.90

BEEF

Curry Beef	\$25.90
Garlic Beef Vegetable.....	\$25.90
Beef with Satay Sauce.....	\$25.90
Beef with Oyster Sauce.....	\$25.90
Beef with Special Sauce.....	\$25.90
Sizzling Mongolian Beef	\$25.90
Beef with Ginger & Shallot.....	\$25.90
Beef with Black Bean Sauce.....	\$25.90
Beef with Szechuan Chilli Sauce	\$25.90
Beef Chow Mein.....	\$27.90
Beef & Cashew Nuts	\$27.90
Rainbow Beef.....	\$27.90
Honey Pepper Beef	\$27.90

PORK

Sweet & Sour Pork.....	\$23.90
BBQ Pork & Plum Sauce	\$23.90
BBQ Pork & Peking Sauce	\$23.90
BBQ Pork Chow Mein	\$25.90
Pork Ribs & Plum Sauce	\$24.90
Pork Ribs & Peking Sauce	\$24.90
Spicy Salt & Pepper Pork Ribs	\$24.90
Pork Ribs with Honey & Pepper	\$24.90

RICE

Small Boiled Rice	\$8.90
Large Boiled Rice	\$9.90
Small Fried Rice	\$10.90
Large Fried Rice	\$11.90
Small Special Fried Rice.....	\$12.90
Large Special Fried Rice.....	\$13.90
Vegetable Fried Rice	\$13.90
Singapore Fried Rice.....	\$19.90
King Prawn Fried Rice	\$23.90

NOODLES

Chow Mein / Pad Thai
Hokkien Noodle / Singapore Noodle

Chicken.....	\$24.90
Small Prawn.....	\$26.90
Beef.....	\$27.90
Combination.....	\$27.90
King Prawn.....	\$30.90
Seafood.....	\$31.90

OMELETTE

Plain Omelette.....	\$21.90
Vegetable Omelette.....	\$22.90
Chicken Omelette.....	\$24.90
BBQ Pork Omelette.....	\$25.90
Crab Meat Omelette.....	\$26.90
Small Prawn Omelette.....	\$26.90
Combination Omelette.....	\$27.90
King Prawn Omelette.....	\$29.90

VEGETARIAN

Vegetable Spring Roll (4)	\$10.90
Vegetable Fried Rice.....	\$13.90
Curry Vegetables	\$20.90
Vegetable Pad Thai	\$20.90
Garlic Chilli Vegetable	\$20.90
Steamed Mix Vegetables.....	\$20.90
Stir Fried Garlic Vegetables.....	\$20.90
Vegetable Hokkien Noodle	\$20.90
Vegetable Singapore Noodle	\$20.90
Vegetable Omelette.....	\$22.90
Vegetable Chow Mein.....	\$22.90
Vegetable with Cashew Nuts.....	\$22.90

THAI DISHES

Red Curry / Green Curry / Massaman

A) Chicken.....	\$24.90
B) Beef.....	\$27.90
C) Combination	\$27.90
D) King Prawn	\$30.90
E) Seafood	\$31.90

AUSTRALIAN MEALS

Hot Chips.....	\$9.90
Garlic Bread	\$11.90
Cheese Garlic Bread	\$13.90
Kids Fish Chips	\$14.90
Calamari Ring & Chips (4).....	\$14.90
Chicken Nuggets & Chips (6).....	\$14.90
Fish Chips & Salad (Large).....	\$22.90
Chicken Schnitzel & Chips.....	\$24.90
Crumb Lamb Cutlet & Chips(2).....	\$28.90
Chicken Parmagiana & Chips.....	\$28.90
SIDE) Gravy / Salad / Veggies	\$4.00

DESSERTS

Ice-Cream & Topping.....	\$9.90
Banana Split with Ice Cream	\$10.90
Deep Fried Banana with Ice Cream.....	\$11.90
Deep Fried Ice-Cream & Topping.....	\$11.90
Pineapple Fritter & Ice-Cream.....	\$11.90
Cheese Cake & Ice-Cream.....	\$11.90

FAMILY PACKS

(TAKE AWAY ONLY)

PACK A \$64.90

Spring Rolls / Dim Sims (4)
Garlic Chicken Vegetables
Sweet & Sour Pork
Small Fried Rice

PACK B \$99.90

Spring Rolls or Dim Sims (6)
Honey Chicken
Mongolian Beef
Combination Vegetables
Large Fried Rice

PACK C \$159.90

Spring Rolls or Dim Sims (8)
Honey Chicken
Sweet & Sour Pork
Mongolian Lamb
Combination Chow Mein
Garlic King Prawn
Large Special Fried Rice



PLEASE INFORM US OF ANY DIETARY
REQUIREMENTS OR FOOD INTOLERANCES

THE ROCK MEMORIAL BOWLING CLUB



CRYSTALS RESTAURANT

TEL: 02 6920 2185

Trading Hours:

Wednesday-Sunday

Lunch: 11:30am-2:00pm

Dinner: 5:00pm-9:00pm

86 Urana Street The Rock NSW 2655

**Catering for all Functions
Members and Guests are Welcome**